



Clear Intentions ^{INC}

Leading and Launching You to Reach Your Potential

COACHING ^{plus} NET® • ASSESSMENT • TRAINING • SPEAKING

Life Coaching

Are you dissatisfied with an aspect of your personal life? Would you like to make a change, but don't know how or don't feel supported in doing it? We are here to help you gain clarity and create greater joy and satisfaction in your life. We lead and launch you to achieve your goals, visions and dreams by using a unique formula called Coaching Plus NET that combines a process of removing conscious and not-so-conscious emotional barriers to success with inquiry, planning and taking action. This is how we guide you across the gap from where you are to where you want to be. You too can live your life powerfully and live a life that you love.

At Clear Intentions we build leaders, happiness, and deep, lasting satisfaction in life. Life coaching is about defining what you want and getting there with ease. The work you do with us will make your journey easier and more fun, as you watch your life expand to a new height that will delight you. We work with individuals, couples, families and groups in designing and living extraordinary lives.

Life Coaching Can Assist You With:

- Sharpening your overall job performance and advancing your career
- Creating balance between your personal and professional life
- Improving your effectiveness with time management and organization
- Transforming your relationship to yourself and your loved ones
- Finding the love of your life
- Greater self-confidence and self-esteem
- Increasing clarity and direction toward your goals
- Improving communication and listening skills
- More energy and higher productivity
- Deepening your connection to your real self, your purpose and the meaning in your life
- Heightening your sense of inner peace
- More effective decision-making
- Expanding levels of abundance, health and prosperity

Benefits from Clear Intentions' Life Coaching:

- Support in keeping you on track with your goals
- Brainstorming with peers from around the country
- Sharper skills without a major time investment
- Better balance between your personal and professional goals
- Increased life satisfaction as you learn to take better care of yourself
- Techniques for manifesting your goals, visions and dreams

Call us today, at 412.242.3971 to see if Life Coaching is for you.

