



Clear Intentions Inc.

Leading and Launching You to Reach Your Potential

COACHING^{plus} NET® • ASSESSMENT • TRAINING • SPEAKING

Company Overview:

Achieving Breakthrough Results in Business Growth & Personal Transformation

Clear Intentions is an international people development company located in Pittsburgh. Our mission is to lead and launch people and organizations from all over the world to manifest their goals and visions. We do this through coaching, NET®, assessment, training and public speaking.

Our services are as diverse as our clients, and tailored to meet your unique needs. We work with individuals, teams or specialized groups, such as an entire department or organization. No assignment is too big or too small if we are the company for you. Our prerequisite of a “perfect fit” between client and provider allows us to guarantee our services. You can rest assured that we will take care of your needs with sensitivity, thoroughness, ingenuity and accountability.

Coaching Plus NET®: *Breaking through barriers to achieve measurable, unprecedented results.*

To assist you in gaining greater clarity and creating greater joy and satisfaction in any area of your life, we have developed a unique coaching formula. Our model combines a deep emotional alignment method called Neuro Emotional Technique® with traditional, professional coaching skills such as appreciate inquiry, listening, forwarding and deepening the action, challenging your assumptions and beliefs, strategic planning and championing. The results are amazing and often happen fast.

Coaching (Life – Business – Executive): *Bringing a holistic perspective to each individual.*

While leading individuals to clarity about goals and the path to business results or personal satisfaction, Clear Intentions uses sophisticated tools and knowledge of emotional intelligence and strategic planning to identify and remove individual barriers to success. We are especially skilled in leadership development, goal identification and implementation, and behavior modification. We ensure that the change you desire has an impact and is lasting.

Assessment: *Delivering a proprietary, online, 360-degree feedback evaluation, designed with sensitivity to culture, background and industry.*

Our 360-degree feature is available in English and includes anonymous online surveys. Complete with a two-hour feedback session providing in-depth analysis, employees are left empowered with a detailed action plan to address the most essential areas for their development.

Training: *Transforming communication in every domain of your organization and achieving increased productivity, employee loyalty and retention, and customer satisfaction.*

Many companies talk about customized training and development—we deliver it. In order to fully understand your issues and truly customize our programs, we begin with a need assessment. Once training is complete, we follow up to ensure that authentic and enduring



change is taking place. Training can be complemented and reinforced in many ways, including individual or group coaching and the use of NET.

Public Speaking: *Inspiring audiences to create results with humor and warmth.*

Want your audience to receive results and a life-changing experience? Barbara motivates people to envision and set goals, and then reach them. German-born and gregarious, she brings humor and warmth to keynote presentations, conferences and meetings. Her audiences include business executives, entrepreneurs, skilled professionals, homemakers, and even struggling students.

Clear Intentions' Workshops, Seminars and Keynotes

Clear Intentions provides skill development and growth tools that transform leaders and achieve business results. We currently offer training in the following areas:

- What's Your Vision and Where Are You Headed? Finding and Manifesting a New Direction for Your Department, Your Staff, and Yourself
- Work/Life Balance: Where Are You or Your Employees on this Continuum?
- Find it in a Minute or Less! How to De-clutter, Organize and Maintain Your Environment
- Time Management 101
- Coaching Skills for Leaders and Professionals
- Emotional Alignment: The Missing Link to Your Success Leading Effective Meetings
- Goal or Dream: Pass the Litmus Test and Make Them Come True for You
- How to Get Along with Difficult People (Including Yourself)
- Communicating Powerfully and Effectively
- Muscle Testing 101: What Is It? How Does It Work and How Can You Use It?
- E-mail Etiquette for Professionals
- Networking Made Simple and Fun
- Communication at Home and Abroad: Cross-Cultural Training and Country Briefings
- Thinking, Leading and Working Globally

Clear Intentions provides solutions to challenges that arise from geographic and cultural diversity. Associates at Clear Intentions have lived and worked internationally in various locations including Germany, Israel, Central America, Brazil and the US. We design coaching and training with a realistic understanding of such issues as cross-cultural communication, international business, transition, new assignment, and life as an expatriate.

Past Clients

In addition to coaching hundreds of individuals from all walks of life, an impressive list signifies Barbara's status as a preferred provider for employee development. Such clients include: Bayer, Bombardier, Koppers, Lanxess, Heinz, Reed Smith, Citizens National Bank, Office Depot, University of Pittsburgh, Carnegie Mellon University, the United States Postal Service, Oncology Nursing Society, DDI, Fantastic Sams, Institute für Angewandte Kreativität, the Jewish Community Center of Pittsburgh, KSBA Architects, Carlow University and the YWCA.

